Who Am I

TARGET GRADES
Elementary and Middle School

OBJECTIVE
Students reflect on who they are to support them in thinking about their future career

MATERIALS
Blank paper
Coloring materials

PREP TIME REQUIRED
5 minutes

PREP STEPS
Have student grab materials they need for this activity

ACTIVITY TIME REQUIRED
30+ minutes

ACTIVITY INSTRUCTIONS
Students should have blank paper and coloring materials in front of them. Ask the students to draw themselves on the bottom left of the paper. Let the students know that around their self-portrait, they will be drawing objects or symbols that answer the following prompts:
1. I am happiest when....
2. The thing I least like to do....
3. Something I am really good at...

Once the students have drawn their answers to the prompts, have them take some time to reflect on what they have drawn. What about the object or symbol makes them happy? Why do they not like doing what they drew? Now that they have thought about those things, how can they use what they know to choose their future career? Have students draw their future self in their career on the right top or where they have room on the paper.

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