



## Who Am I

### TARGET GRADES

Elementary and Middle School

### OBJECTIVE

Students reflect on who they are to support them in thinking about their future career

### MATERIALS

Blank paper

Coloring materials

### PREP TIME REQUIRED

5 minutes

### PREP STEPS

Have student grab materials they need for this activity

### ACTIVITY TIME REQUIRED

30+ minutes

### ACTIVITY INSTRUCTIONS

Students should have blank paper and coloring materials in front of them. Ask the students to draw themselves on the bottom left of the paper. Let the students know that around their self-portrait, they will be drawing objects or symbols that answer the following prompts:

1. I am happiest when....
2. The thing I least like to do....
3. Something I am really good at...

Once the students have drawn their answers to the prompts, have them take some time to reflect on what they have drawn. What about the object or symbol makes them happy? Why do they not like doing what they drew? Now that they have thought about those things, how can they use what they know to choose their future career? Have students draw their future self in their career on the right top or where they have room on the paper.

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