

Elementary School Activities

Elementary School Book List —page 1

List of books on career and college exploration for elementary school students.

Illustrating Myself —page 2

Students reflect on their interests, goals, and imagine their future selves by creating stickers (pictures or words) illustrating what they want to be when they grow up.

What's My Interest? —page 3

Students reflect on the different career opportunities within their interest field.

What's My Career? —page 4

Students think about characteristics of different professions.

What's Does My Parent/Guardian Do? —page 5

Students will ask their parent/guardian what they do in order to create a classroom graph.

ABC Career Book —page 6

Students learn about careers by creating an ABC book with their classmates.

College Question Box —page 7

Students will have the opportunity to ask questions about college.

College Vocabulary —page 8

Students will increase their vocabulary about college terms.

Coloring College Mascots and Logos —page 9

Students are able to learn about colleges in the Pacific Northwest by coloring mascots and logos.

Graduation Year —page 10

Students begin to think about their goals and what their future would look like.



ELEMENTARY SCHOOL BOOK LIST

One way that you can bring the theme of DiscoverU into your classroom is by reading a book. Below is a short list of books for elementary age students that explore college and careers. Read a book and have a discussion about what your students want to be when they grow up.

Books that Explore Careers

Career Day by Anne Rockwell

Curious George and the Firefighters by Margret Rey

I Can Be Anything! by Jerry Spinelli

Iggy Peck, Architect by Andrea Beaty

Jobs Around My Neighborhood / Oficios en mi vecindario by Gladys Rosa-Mendoza

Jobs People Do by DK Publishing

LMNO Peas by Keith Baker

Oh, The Places You'll Go! By Dr. Seuss

Roberto the Insect Architect by Nina Laden

The Berenstain Bears: Jobs Around Town

The Toothpaste Millionaire by Jean Merrill

What Do People Do All Day? by Richard Scarry

When I Grow Up by Al Yankovic

When I Grow Up by Colin McNaughton

When I Grow Up by Mercer Mayer

When I Grow Up by P.K. Hallinan

When I Grow Up by Peter Horn

Whose Coat Is This?: A Look at How Workers Cover Up- Jackets, Smocks, & Robes by Laura Purdie S.

Whose Hat Is This?: A Look at Hats Workers Wear- Hard, Tall, & Shiny by Sharon Katz Cooper

Whose Shoes Are These?: A Look at Workers' Footwear- Slippers, Sneakers, & Boots by Laurie Purdie S.

Whose Tools Are These?: A Look at Tools Workers Use - Big, Sharp, and Smooth by Sharon Katz Cooper

Whose Vehicle Is This?: A Look at Vehicles Workers Drive - Fast, Loud, and Bright by Sharon Katz Cooper

Books that Explore College

Judy Moody Goes to College / Judy Moody va a la Universidad by Megan McDonald

Mahalia Mouse Goes to College by John Lithgow

Community Workers Series

Delivering Your Mail: A Book About Mail Carriers by Ann Owen

Keeping You Healthy: A Book About Doctors by Ann Owen

Protecting Your Home: A Book About Firefighters by Ann Owen

Keeping You Safe: A Book About Police Officers by Ann Owen

Helping You Heal: A Book About Nurses by Sarah C. Wohlraabe

Caring for Your Pets: A Book About Veterinarians by Ann Owen

Taking You Places: A Book About Bus Drivers by Ann Owen

Helping You Learn: A Book About Teachers by Sarah C. Wohlraabe

For additional resources and to sign up for the DiscoverU newsletter, visit our website at

www.discoveruwa.org



Illustrating Myself

TARGET GRADES

Elementary School

OBJECTIVE

Students reflect on their interests, goals, and imagine their future selves by creating stickers (pictures or words) illustrating what they want to be when they grow up.

MATERIALS

Large blank stickers (shipping labels or blank nametags)
Coloring materials (markers, crayons, colored pencils)

PREP TIME REQUIRED

N/A

PREP STEPS

Optional: Create a list of potential jobs students may be interested in. You can also include a description of the job and the education needed to obtain that job.

ACTIVITY TIME REQUIRED

15-25 minutes

ACTIVITY INSTRUCTIONS

Students draw a picture of themselves in their chosen career or draw something that represents the career on their sticker. Students can take turns sharing what career they chose and why they chose it. Student will be able to wear their stickers throughout the day.

For additional resources and to sign up for the DiscoverU newsletter, visit our website at

www.discoveruwa.org



What's my interest?

TARGET GRADES

Elementary School

OBJECTIVE

Students reflect on the different career opportunities within their interest field.

MATERIALS

- Poster paper
- Markers

PREP TIME REQUIRED

10 minutes

PREP STEPS

- Create 5 or 6 posters with either a picture or the name of a high interest career field. Some examples include:
 - Sports
 - Medicine
 - Music
 - Public Service
 - Environment
 - Video Games
 - Transportation
- This could also work for specific content areas
- Access to DiscoverU series posters

ACTIVITY TIME REQUIRED

15-20 minutes

ACTIVITY INSTRUCTIONS

- Post 5 or 6 different career interest posters around the room
- Have students choose the career area they are most interested in
- Within the groups, have students collaborate and brainstorm different jobs and career possibilities within fields
- Come back together and share thoughts. Later, students can see the DiscoverU posters series.

For additional resources and to sign up for the DiscoverU newsletter, visit our website at

www.discoveruwa.org



What's my career?

TARGET GRADES

Elementary School and Middle School

OBJECTIVE

Students think about characteristics of different professions.

MATERIALS

Index cards and tape, or post-its
Markers

PREP TIME REQUIRED

10 minutes

PREP STEPS

Write a variety of professions on index cards, e.g. teacher, lawyer, doctor, scientist, musician, chef, police officer, fireperson, president, etc. For a challenge, write names of professions that students may not typically think of e.g. web/graphic design, welder, construction management, food scientist, etc.

Optional: As part of the activity, you can have each student write down a career on an index card/post-it note. Then redistribute the cards among students for use during the game.

ACTIVITY TIME REQUIRED

10 minutes for one puzzle

ACTIVITY INSTRUCTIONS

- Tape an index card on each student's forehead.
- They must find out who they are by asking other students yes or no questions. They should try to find out who they are as quickly as possible by asking the other students questions.
- Example questions:
 - Do I work in a school?
 - Do I like making food?
 - Do I work with young people?
 - Do I work in a hospital?
 - Do I save people's lives?
 - Do I sing or rap?
 - Was I elected into office?

For additional resources and to sign up for the DiscoverU newsletter, visit our website at

www.discoveruwa.org



What does my parent/guardian do?

TARGET GRADES

Elementary School

OBJECTIVE

Students will ask their parent/guardian what they do in order to create a classroom graph.

MATERIALS

- Poster paper
- Markers

PREP TIME REQUIRED

5-10 minutes

PREP STEPS

- Draw outline of graph
- Send home a note to parents/guardians asking them about their job and telling them about the project

ACTIVITY TIME REQUIRED

20 minutes

ACTIVITY INSTRUCTIONS

- Students and teachers will create a graph that displays the different careers of the parents/guardians of the students
- Following, there will be a brief discussion about the jobs will follow students can ask each other questions about different careers

For additional resources and to sign up for the DiscoverU newsletter, visit our website at

www.discoveruwa.org



ABC Career Book

TARGET GRADES

Elementary School

OBJECTIVE

Students learn about careers by creating an ABC book with their classmates.

MATERIALS

- Poster paper
- Coloring materials

PREP TIME REQUIRED

5 minutes

PREP STEPS

- Write all the letters of the alphabet in different pieces of paper and put them in a hat or an empty bowl/container

ACTIVITY TIME REQUIRED

20+ minutes

ACTIVITY INSTRUCTIONS

- Have students draw a letter out of the hat.
- Have students identify a career that starts with the letter they picked.
- Have students draw a picture of the career they identified. If a kid finishes early, they can draw another letter and draw another picture.
- Put the pages and create an ABC Career Book.

For additional resources and to sign up for the DiscoverU newsletter, visit our website at

www.discoveruwa.org



College Question Box

TARGET GRADES

Elementary School

OBJECTIVE

Students will have the opportunity to ask questions about college.

MATERIALS

Box or container to collect questions

PREP TIME

5 minutes

PREP STEPS

Take a shoebox or opaque Tupperware container and cut a slit in the top. If you'd like, have fun and decorate the box! Provide slips of paper and pens that students can use to write their questions. Put the box out in your classroom a few days or more before DiscoverU. Encourage students to ask any questions they might have about college. Students are likely to ask questions like, "Where do you live when you go to college?" or "How long is college?" Depending on the age of your students, when you are introducing the activity, you may need to explain what college is.

A day or more before DiscoverU, go through the questions that have been submitted. Make sure that you are prepared to answer the questions. If there are questions you do not know the answers to, consider using online resources, other school or districts colleagues (e.g. high school college guidance staff), or community partners to help get the information you need.

ACTIVITY TIME

15 minutes

ACTIVITY INSTRUCTIONS

- During DiscoverU, bring out the box and answer the student's questions.
- You may decide to keep the box in your room all year.

For additional resources and to sign up for the DiscoverU newsletter, visit our website at

www.discoveruwa.org



College Vocabulary

TARGET GRADES

Elementary School and Middle School

OBJECTIVE

Students will increase their vocabulary about college terms.

MATERIALS

Worksheet

PREP TIME REQUIRED

N/A

PREP STEPS

Print the worksheet

ACTIVITY TIME REQUIRED

10 minutes

ACTIVITY INSTRUCTIONS

On a worksheet, the College Vocabulary words are listed on the left side of a sheet of paper, on the right side are the definitions in scrambled order. Have students match the word to its definition.

For additional resources and to sign up for the DiscoverU newsletter, visit our website at

www.discoveruwa.org



Coloring College Mascots and Logos

TARGET GRADES

Elementary School

OBJECTIVE

Students are able to learn about colleges in the Pacific Northwest while coloring their mascots or logos.

MATERIALS

- Crayons and markers—make sure to have enough for all students, since all colleges have their own colors
- Coloring pages
 - Bellevue College – Bulldog
 - Central Washington University – Wildcat
 - Eastern Washington University – Swoop
 - Everett Community College – Trojan
 - Gonzaga University – Spike the Bulldog
 - Seattle Pacific University – Falcon
 - Seattle University – Rudy the Redhawk
 - The Evergreen State College – Geoduck
 - University of Puget Sound – “Grizz” the Logger
 - University of Washington – Husky/Dubs
 - Washington State University – Butch T. Cougar
 - Western Washington University – Victor E. Viking

PREP TIME

10 minutes

PREP STEPS

Print out copies of the following coloring pages and hand out to students.

ACTIVITY TIME

20+ minutes

ACTIVITY INSTRUCTIONS

- Students will each get a page of a college mascot and/or logo to color.
- Optional: Split into groups according to college or have a large class discussion. Questions to ask:
 - What animal is this?
 - What letters are in the logo?
 - Have you seen these pictures or logos before?

For additional resources and to sign up for the DiscoverU newsletter, visit our website at

www.discoveruwa.org



Graduation Year

TARGET GRADES

Elementary School

OBJECTIVE

Students begin thinking about their goals and what their future would look like.

MATERIALS

Optional: Art supplies (paper, crayons, markers, color pencils)

PREP TIME REQUIRED

N/A

PREP STEPS

N/A

ACTIVITY TIME REQUIRED

15+ minutes

ACTIVITY INSTRUCTIONS

- Students calculate their graduation year (high school and/or college—if college they should calculate 2 year and 4 year graduation years)
- 10 minutes to imagine and discuss what the world and their life will be like in that year(s).
Questions prompts can include:
 - What will be different in your neighborhood?
 - What will we be doing in school?
 - What will we be wearing?
 - What will you be doing at that time?

Optional: Students can draw what they think they will look like in their graduation year. In their picture, they can incorporate their school, their neighborhood, their goals, etc.

For additional resources and to sign up for the DiscoverU newsletter, visit our website at

www.discoveruwa.org